Badminton Study Guide

Components of a serve:

1. Contact with birdie below the waist
2. Past service black line
3. Diagonal

Clear shot

1. High
2. Far/corner
3. Puppet master

Drop shot

1. Low
2. Soft
3. Used when opponent is in their back court

Smash shot

1. Hard
2. Low
3. Used when opponent is in their back court and off balance

Hits

1. Only one hit per side

Rally score

1. Every serve counts as a point
2. Only one attempt of a serve
3. Serve until your team loses the point